

# WORLD CONGRESS ON HOLISTIC HEALTH



1 MODERN MEDICINE

2 AYURVEDA

3 YOGA & NATUROPATHY

UNANI 4

SIDDHA 5

HOMOEOPATHY 6

ACUPUNCTURE 7

**"The Future Health for All"**  
(NON COMMUNICABLE DISEASES)

☎ : 91 44 22353574-76

📠 : 91 44 2235-3698

✉ : integmed2017@gmail.com

Date : 09-02-2018 & 10-02-2018

**The Tamil Nadu Dr. M.G.R. Medical University**

No.69, Anna Salai, Guindy, Chennai - 600 032.

# WORLD CONGRESS ON HOLISTIC HEALTH 2018



Theme and Objective:

**"The Future Health for All"**

(Non Communicable Diseases)

Date : 9th & 10th February 2018

Venue:

**The Silver Jubilee Auditorium of  
The Tamilnadu Dr. M.G.R. Medical University,  
Guindy, Chennai-32 Tamilnadu , India.**



**World Congress on Holistic Health, a vision of  
The Tamil Nadu Dr. M.G.R. Medical University has been organized in Chennai.**



## WELCOME MESSAGE

"Chennai is the most preferred destination for world class healthcare. To address increasing stress and lifestyle diseases a holistic approach is the need of the hour. For the first time experts from all over the world are going to share their experiences in promoting wellness through integrated medicine.

Fast paced life causing emotional instability, Non communicable diseases and malignancy can be prevented and managed better by integrating Modern Medicine with AYUSH ( Ayurveda, Yoga & Naturopathy, Unani, Siddha and Homoeopathy).

This endeavour aims to reach out to all the medical practitioners with the intent of broadening horizons in enhancing quality of healthcare.

We hope that you will enrich your experience by your active participation.

The goal of the conference emphasizes interdisciplinary care in Modern Medicine, Ayurveda, Homeopathy, Naturopathy, Distant Healing, Yoga and Siddha to improve health care delivery in today's challenging disease burden.

## REGISTRATION

<b>Student</b>	<b>Early till Oct. 15<sup>th</sup> 2017</b>	<b>Regular Oct. 16<sup>th</sup>- Nov.15th 2017</b>	<b>Spot</b>
National	<b>1000 INR</b>	<b>1500 INR</b>	<b>2000 INR</b>
Student International	<b>100 USD</b>	<b>150 USD</b>	<b>200 USD</b>
Faculty National	<b>2000 INR</b>	<b>3000 INR</b>	<b>3500 INR</b>
Faculty International	<b>200 USD</b>	<b>250 USD</b>	<b>300 USD</b>
Pre conference workshop for National Students / Faculty	<b>750 INR</b>	<b>1000 INR</b>	<b>1500 INR</b>
Pre conference workshop for International Students/ Faculty	<b>100 USD</b>	<b>150 USD</b>	<b>200 USD</b>

The conference registration fees may be sent in favour of :

**Beneficiary -**

**The Registrar,**

**Address- The Tamil Nadu Dr. M.G.R. Medical University,  
69, Anna salai, Guindy, Chennai-600032.**

**Tel-044-22353572**

**Branch address- same as above.**

**Name of bank- IOB , The Tamil Nadu Dr. M.G.R. Medical University,  
Guindy.**

**IFSC -IOBA0001679.**

**Account no; 167901000000666**

**Type of account SB.**

All Payments should be made through NEFT/RTGS.

Full address of the person making the payment should be included during money transfer.

NEFT / Bank transfer details should be attached with registration form.

All payments–registration, Pre-Conference, workshop and stall exhibitors should make their payments through NEFT/RTGS.

Contact Person

The Registrar

The Tamil Nadu Dr. M. G. R. Medical University 69, Anna Salai Guindy Chennai 32,  
Tamilnadu , India.

Phone: 91 44 22353574-76

Fax:91 44 2235-3698.










email : integmed2017@gmail.com

## Topics and Speakers

Herbal Medicine, Nutrition, Acupressure, Yoga and Conventional Medicine (To Highlight where each one of medical approaches can be stand alone or require a combination for treatments)

**Objective: To enable transformation of the health care by making health professionals to optimize health and well being through evidence-based sustainable, integrative approaches. The best way to change a field to educate the most gifted professionals and place them in settings where they can, in turn, offer integrative health practices.**

	Dr. B.Suresh	Prof Suresh Bhojraj , Vice-Chancellor, JSS Academy of Higher Education and Research , for the past thirty years has been actively involved in uplifting the standards of pharmacy education and profession in India. He was elected in 2003 as the President of Pharmacy Council of India
	Dr.K.Parvathy Rajan	Dr.K.Parvathy is specialized in the area of Therapeutic Nutrition for various cancer patients. She has an expertise in nutritional assessment and diet counselling for the cancer patients during the period of chemotherapy , radiotherapy and surgery.
	Dr. Raganandhan	He is a Prof. of Medicine, Institute of Internal Medicine, Chief, Poison Control, Training & Research Centre(PCTRC) fficer, Medical Education Unit, Madras Medical College Physician & Nodal Officer, ART Clinic, Rajiv Gandhi Govt. General Hospital, Chennai With Special Interest in tropical diseases.
	Dr. Senthil , TNGDA	He is a Professor of Medicine and HOD Dept. Of Diabetology Madurai Medical College President, Tamil Nadu Medical Council 2016-17 State President Tamilnadu Govt Doctors Association (2007 to till date)
	Dr. Ravi wankhedkar	He is a Practicing Surgeon & Ano Rectal Surgeon-Last 30 years. IMA National President- 2017-18, National Chair- UNESCO BIOETHICS program, National Chairman- IMA Accreditation Council, National Secretary- IMA National Hospital Board of India -2014-16
	Dr. Kannan Pugazhendi	Dr Kannan Pugazhendi is one of the most prominent Sports and Fitness Medicine consultant in India, with over 30 years of experience in teaching. He has experience and expertise in Olympic International competitions. He procured Masters Degree in Sports Medicine from Australia.
	Dr. R.S. Himeswari	She is the Professor and HOD of Dept. of Acupuncture and Energy Medicine at Govt. Yoga and Naturopathy Medical College and Hospital, Chennai. She has 3 decades of clinical experience in Naturopathy, Yoga, Acupuncture and Energy medicine along with 18 years of teaching experience.
	Dr. Ravishankar	He has served as Secretary & President of IMA TAMBARAM, Legal Committee Chairman of PPLSSS of Tamilnadu - 1999- 2004, Nursing Home Board Secretary of IMA Tamilnadu - 2003 - 2006 and Hony. State Secretary of IMA Tamilnadu 2007 – 2010

	<b>Dr. Balasubramanian</b>	He is academic director of Deepam Hospital and ex president of Tamil Nadu Medical Council.
	<b>Dr. Nagalingam Varnakulenthiren</b>	He is a Ph.D Scholar in Siddha Medicine is working as Senior Lecturer in Unit of Siddha Medicine, Trincomalee Campus, Eastern University of Srilanka with special interest in anti-microbial activity of Siddha medicine
	<b>Dr. Soundarajan &amp; Dr. Sekar</b>	He is working as a Technical Consultant in the State Medicinal Plants Board from October 2016 for the Schemes sanctioned by the National Medicinal Plants Board, Government of India. He Retired on 30.06.2017 as Administrative Officer, from TAMPCOL.
	<b>Dr. Ennapadam Srinivas Krishnamoorthy</b>	He is a neuropsychiatrist with special interests in Epilepsy and Dementia. He is Founder and Director of Neurokrish - the neuropsychiatry center and TRIMED - a chain of integrative medical specialties based in Chennai, India.
	<b>Dr. Siby</b>	Dr.C. D. Siby was born in Kerala,now based in Kuala Lumpur. In India , he was awarded a Bachelor of Ayurvedic Medicine and Surgery from Madras University. He is the Chief Ayurvedic Physician at Ayur Centre Sdn Bhd. Dr. Siby is also the current President of Can Survive Centre Malaysia Berhad, which is an organization that provides information and support for patients who suffer from cancer
	<b>Dr. K.K. Agarwal</b>	Recipient of Padma Shri (2010), National President of the Indian Medical Association (2016-17), Dr. BC Roy National Award (2005), National Science Communication Award and Vishwa Hindi Samman (2015) awards, Krishan Kumar Aggarwal belongs to the class of 1975. A Consultant Cardiologist, President of Heart Care Foundation of India, and the Honorary Secretary General of the Medical Council of India.
	<b>Dr. A.V. Srinivasan</b>	He is a renowned neurologist and much sought after astrologer. He is an excellent clinician who is also a visiting professor in Cleveland and Hershe Medical College, U.S.A. Emeritus Professor of our Univesity and Adjunct Professor of I.I.T.
	<b>Dr. Ani Grace Kalaimathy</b>	She started the professional carrier as Staff Nurse & worked in abroad in various cadres as Nursing Officer etc., then, climbed up to the level of Principal, College of Nursing & now holding the post of Registrar, TNNMC since 2012 onwards. She is a Nursing Professional with leadership experiences in preparing Nursing students for 21st Century in an Environment that values collaboration, Integrity and Diversity
	<b>Dr Ganesh Lakshmanan</b>	He did his Ph.D in Analysing the effect of potentised Homeopathic medicine Lycopodium Clavatum on Male reproductive function in Aged wistar albino rat

	Dr. Wamiq Ameen	Professor & Head of the Dept. of Ilmu-Amraz, Faculty of Unani Medicine, Aligarh Muslim University, Aligarh. Former Director, National Institute of Unani medicine, Govt. of India, Bangalore, Former Chairman, Department of Kulliyat, Faculty of Unani Medicine, AMU, Aligarh
	Dr. P.Jayaprakash Narayanan	He worked as a Professor, Siddha Maruthuvam- Post Graduate Department in Government Siddha Medical College, Palayamkottai and Vice Principal in Government Siddha Medical College, Chennai, Secretary IMPCOPS, Chennai.
	Dr. R.S.Ramaswamy	He is working as Director General, Central Council for Research in Siddha, (Ministry of AYUSH, Govt. of India,) Chennai. He Worked as Editor & Secretary for JOURNAL OF SIDDHA & NIS NEWSLETTER published periodically from National Institute of Siddha, Chennai

#### Poster Sessions:

Open to Medical Graduates and PostGraduates of modern medicine and ancient medicine ( include to award the best poster presentation)

#### Exhibits:

Pharmaceutical companies (Modern and Ancient medicine) Medical Devices companies, Publishers, Educational Institutions etc.,

### Pre-Conference Workshop

Sl. No	Timings	Topics	Conducted By
01	10.30 am to 11.30 am	External Treatments in Siddha Medicine	Faculties from National Institute of Siddha, Tambaram Sanatorium, Chennai-47
	11.30 am to 11.45 am	Tea Break	
02	11.45 am to 01.00 pm	Demonstration of External treatments in Siddha Medicine	Faculties from National Institute of Siddha, Tambaram Sanatorium, Chennai-47
	01.00 pm to 02.00 pm	Lunch	
03.	02.00 pm to 03.15 pm	Yoga and Naturopathy treatments for Lifestyle disorders (Obesity, Diabetes and Hypertension)	Faculties from Govt. Yoga and Naturopathy Medical College, Arumbakkam, Chennai-106
	03.15 pm to 03.30 pm	Tea break	
04.	03.30 pm to 05.00 pm	Demonstration of Yoga and Naturopathy treatments for Lifestyle disorders (Obesity, Diabetes and Hypertension)	Faculties from Govt. Yoga and Naturopathy Medical College, Arumbakkam, Chennai-106

**Participants: 50 (First Come First Served)**

**Registration Fees : Rs.750/- ( in addition to Conference registration)**

## PROGRAM

08.00 A.M. - 09.00 A.M.	REGISTRATION	TOPICS
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Day 1 09.02.2018 – Venue : Silver Jubilee Auditorium

### SESSION I

09.00 A.M - 09.20 A.M	Dr.B. Suresh	Pharmacy and its role in Indian Medicine
09.20 A.M. -09.40 A.M	Dr.Parvathi Rajan Adyar, Cancer Institute	Nutrition in integrative health
09.40 A.M. - 10.00 A.M	Dr.Ragunandhan Prof. of Medicine RGMC	One Health
10.00 A.M.- 10.20 A.M.	Dr.B.M. Hegde	Healing in Holistic Medicine
10.20 AM.-10.45 A.M.	Tea Break	

### SESSION II

10.45 A.M.- 11.05 A.M.	Dr. Raviwankhedkar	Ethics in Clinical Medicine
11.05 A.M. -11.25 A.M.	Dr.Kannan Pugazendhi	Sports Medicine
11.25 A.M. -11.50 A.M.	Dr. R.S Himeshwari	Energy Medicine
11.50 A.M.-12.10 P.M.	Dr. Ravishankar	Challenges in Patient satisfaction
12.10 P.M -01.00 PM.	Dr. Shanmugom	Medical Varmalogy, an Ancient Indian Medical System
01.00 A.M.-02.00 P.M.	Lunch	

### SESSION III

02.00 P.M. - 02.20 P.M.	Dr. Balasubramanian , IMA	Holistic Approach to Sexual Education
02.20 P.M. - 02.50 P.M.	Dr. Varna Kulendran - Srilanka	Holistic perspective of Siddha Medicine on Non Communicable diseases towards "Healthy and Wealthy life"
02.50 P.M. - 03.20 P.M.	Dr. Soundarajan (Scheme) & Dr. Sekar (Cultivation)	Mooligai Pannai
03.20 P.M. - 04.00 P.M.	Dr. Ennapadam S. Krishnamoorthy	Neuropsychiatry & Integrative Medicine: Towards a Clinical Rehabilitation Approach"

### SESSION IV

04.00 P.M. - 05.00 P.M.	Inauguration
02.00 P.M. to 04.00 P.M	Free Paper will be presented in the Senate Hall of the University on both the days of the Conference
	Posters should be displayed at the allotted slots.



Day 2 10.02.2018 – Venue : Silver Jubilee Auditorium

SESSION I

09.30 A.M - 10.00 A.M.	Dr.Siby	Cancer Management in Ayurveda
10.00 A.M.- 10.20 A.M	Dr. K.K. Agarwal	
10.20 A.M. - 11.00 A.M		
11.00 A.M.- 11.15 A.M	Tea Break	

SESSION II

11.15 A.M. - 12.00 P.M.	Dr.A.V.Srinivasan, Consultant Neurology	Nerophysical changes in yoga and its role in Medical Disorders.
12.00 P.M. - 12.20 P.M.	Dr.Ani Grace Kalaimathy (Registrar)	Integrative health care including nutrition
12.20 P.M. - 12.40 P.M.	Dr.Ganesh Lakshmanan (Homoeopathy)	Homeopathy in treating anxiety disorders - a report from basic research
12.40P.M. - 01.00 P.M.	Dr.Wamig Ameen, Dean, Aligarh Muslim University.	Role of Wet Cupping (HIJAMAT-BIL SHURT) in the management of (WAJAU-MAFASIL) Osteoarthritis
01.00 P.M -02.00 PM.	Lunch	

### SESSION III

02.00 P.M.-02.30 P.M.	Dr.P.Jayaprakash Narayanan	<b>Non invasive cancer treatment in Siddha in colloboration with modern medicine fraternity</b>
02.30 P.M.-03.00 P.M.	Dr. R.S.Rama swamy	Research Prospects in Siddha in non Communicable disease
03.00 P.M. -03.30 P.M.	Tea Break	

### SESSION IV

03.30 P.M.	Validiction
02.00 to 04.00 P.M	Free Paper will be presented in the Senate Hall of the University on both the days of the Conference
	Posters should be displayed at the allotted slots.

POSTER PRESENTATION/FREE PAPER PRESENTATION :

<p>Call for Poster Presentation and Free Paper Presentation</p>	<p>Delegates are invited to send abstract along with registration form to the scientific committee on or before 15th Nov. 2017. The abstract will be peer reviewed and delegates will be informed of the acceptance of the poster. It is strongly encouraged submission of abstract by e-mail (integmed2017@gmail.com). Free Paper 15th November 2017</p>
<p>Language</p>	<p>English is the official language of the conference. No translation facility will be available.</p>
<p>Presentations</p>	<p>The selected posters will be exhibited for viewing at the allotted time in the venue itself and prizes will be awarded .</p>
<p>Size of Posters</p>	<p>4 Feet x 4 Feet.</p>
<p><b>Format for submission for Paper /Poster</b></p> <p>Name :</p> <p>Surname :</p> <p>Student/Faculty :</p> <p>Registration Number for the World Congress on Holistic Health 2018 : (Registration compulsory for acceptance of poster/paper)</p> <p>Title of Poster/Paper</p>	

Abstract for Poster/Paper  
Abstract should have the  
following: Introduction  
Keywords Methods  
Results  
Discussion

(250 words only)  
Font – Times New Roman, Size: 12

Topics Suggested

Integrative Oncology. Integrative Psychiatry.  
Lifestyle Diseases and its Holistic  
Management. Ageing well / Anti-ageing.  
Paradigm shifting in Health Care.  
Environmental Health and Integrative  
Solutions.  
Distant Healing Nutrition Magneto Therapy

## ACCOMMODATION

Popular stay spots in and around

the venue. FIVE STAR	<u>ITC GRAND CHOLA SHERATON</u> <u>HOTEL Le MERIDIAN HOTEL PARK HYATT</u> <u>HOTEL HILTON</u>
THREE STAR	<u>HOTEL HABLIS</u> <u>HOTEL LEMON TREE</u> <u>HOTEL GINGER</u> <u>HOTEL GOKULAM</u>
BUDGET	UNIVERSITY GUEST HOUSE ANNA UNIVERSITY GUEST HOUSE, ALUMNI GUEST HOUSE.
VISA REQUIREMENT:	VISA is required to enter India. Foreign delegates are required to furnish resume, date of birth, passport number, country of origin, date of issue and expiry of the passport to obtain clearance from the Government of India. For details visit External affairs.
IMPORTANT DATES:	Last date of Poster Submission : 15th Nov. 2017 Pre-Conference Workshop : 8th Feb. 2018. Conference Dates : 9 <sup>th</sup> & 10 Feb 2018

Delegates are requested to make their own arrangement by visiting the respective Hotel websites.

For Budget accommodation : Request can be sent to [integmed2017@gmail.com](mailto:integmed2017@gmail.com) and allotment will be done on first come first serve basis.

## ORGANISING COMMITTEE

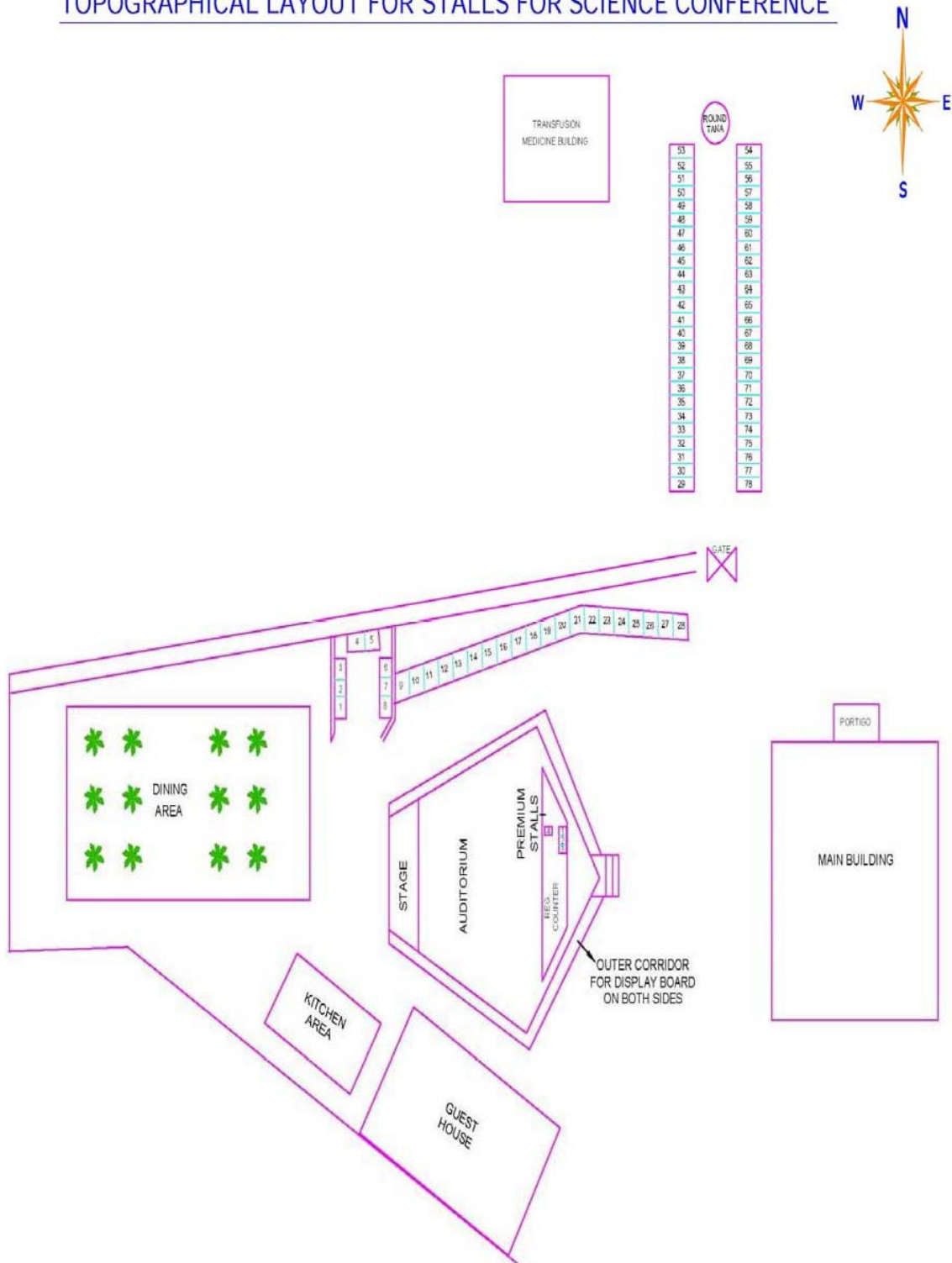
PRESIDENT AND CHAIRMAN	Dr. S.Geethalakshmi M.D.,Ph.D., Vice Chancellor
ORGANISING SECRETARY	Dr. T. Balasubramanian M.S.,D.L.O., Registrar
CORE COMMITTEE MEMBERS	Dr. S. Pushkala Dr. R. Srilakshmi Mrs. M. Shanthy Dr. P.Parthiban, J.D., DIM&H Dr. Manavalan J.D., DIM&H
SCIENTIFIC COMMITTEE MEMBERS	Dr. S.V.Senthilnathan Dr. S. T. Radhika Dr. K.S.Uma Dr. K. Rajalakshmi Dr. K.Kanagavalli, Principal , GSMC Dr. Shahul Ahmeed, Principal , GUMC Dr. Radhika , Ayurveda Dr. S.T Venkateshwaran, Yoga Dr. Subhashree, Homoeopathy
TRAVEL AND HOSPITALITY COMMITTEE (and proceedings of conference)	Dr. P. Arumugam Dr. R. Rajbharath Dr.S. Hamsa
REGISTRATION COMMITTEE	Dr. G.Srinivas Dr. S.Jasmine Dr. S.Kalpana
STAGE MANAGEMENT (Audio visuals , MIC and etc)	Dr. S. MiniJacob Dr. K.Sivasangeetha Dr. Sathish
COMMUNICATION AND NETWORKING	Dr.E.M. Manikgantan Dr. K Sivasangeetha
CATERING COMMITTEE	Dr. G. Bharathkumar
STALL & FOREIGN DELEGATES	Dr. N.Kabilan
MASTER OF CEREMONY	Dr. S.Parameshwari

An Exhibition will be held on this occasion.

10x10 Ft. (3x3m) with one table, chair & electric points

Premium stall Rs.30,000/- (Near the venue), Regular stall Rs.20,000/-

### TOPOGRAPHICAL LAYOUT FOR STALLS FOR SCIENCE CONFERENCE



## Contact Address

The Tamil Nadu Dr. M. G. R. Medical University  
69, Anna Salai Guindy Chennai 32,  
Tamilnadu , India.

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